

**Psychology XII Class**  
**Term I**  
**Model Question Paper**

Max. marks 50

Section I : 20 Marks

Consists of 24 multiple choice questions. Each question carries 1 mark. Out of 24 questions you have to do any 20.

Section II: 10 Marks

Consists of 8 short questions. Each question carries 2 marks. Out of 8 questions you have to do any five and answer should be in 30 to 50 words.

Section III : 20 Marks

Consists of 8 descriptive questions. Each question is of 5 marks. Out of 8 questions you have to answer any 4 and answer should be in 150 to 200 words.

SECTION I

(1×20) = 20 marks

1. Concept of mental age was first given by
  - A. William Stern
  - B. Alfred Binet
  - C. Howard Gardner
  - D. Charles Spearman
  
2. IQ is measured by formula
  - A.  $IQ = MA + CA \times 100$
  - B.  $IQ = MA \times CA \times 100$
  - C.  $IQ = CA \times MA \div 100$
  - D.  $IQ = MA / CA \times 100$

3. Which psychologist described personality on the basis of body build and temperament?
  - A. Allport
  - B. Sigmund Freud
  - C. Carl Rogers
  - D. Sheldon
  
4. Which among the following is not a characteristic of projective technique ;-
  - A. The stimuli are relatively unstructured
  - B. The person is informed that there are no correct or incorrect answers
  - C. Quantitative data is obtained
  - D. Scoring and interpretation are lengthy
  
5. Role of primary appraisal and secondary appraisal was given by
  - A. Lazarus
  - B. Hans Selye
  - C. Holmes & Rahe
  - D. Rosenweig
  
6. Which among the following is not a stage of General Adaptation Syndrome
  - A. Resistance stage
  - B. Exhaustion stage
  - C. Oral stage
  - D. Alarm reaction stage
  
7. Which among the following is developmental disorder of the children
  - A. Anxiety
  - B. Autism

- C. Obsessive compulsive disorder
- D. Phobia

8. Which among the following model describes that biological factor is responsible for abnormal behavior:

- A. Diathesis – stress model
- B. Socio- cultural model
- C. Behavioral model
- D. Cognitive model

9. Match the following:

- |                                   |                    |
|-----------------------------------|--------------------|
| I. One factor theory              | a J.P.Guilford     |
| II. Two factor theory             | b.Robert Sternberg |
| III. Structure of intellect model | c.Charles Spearman |
| IV. Triarchic theory              | d.Alfred Binet     |

- |         |       |        |      |
|---------|-------|--------|------|
| A. I a, | II b, | III c, | IV d |
| B. I b, | II d, | III c, | IV a |
| C. I d, | II a, | III b, | IV c |
| D. I d  | II c, | III a, | IV b |

10. Match the following:-

- | IQ range         | Descriptive label          |
|------------------|----------------------------|
| I. 130 and above | a. high average            |
| II. 110-119      | b. intellectually disabled |
| III. 80-89       | c. very superior           |
| IV. 70 and below | d. low average             |

- |    |      |       |        |      |
|----|------|-------|--------|------|
| A. | I b, | II c, | III a, | IV d |
| B. | I c, | II a, | III d  | IV b |
| C. | Ia,  | II d, | III b  | IV c |
| D. | I d, | II b, | III c, | IV a |

11. Match the following:-

- |     |                        |                       |
|-----|------------------------|-----------------------|
| I   | Type approach          | a Carl Rogers         |
| II  | Trait Approach         | b Sigmund Freud       |
| III | Psychodynamic approach | c Friedman & Rosenman |
| IV  | Humanistic approach    | d Allport             |

- |    |      |      |       |      |
|----|------|------|-------|------|
| A. | I b, | II c | III d | IV a |
| B. | I a, | II d | III b | IV b |
| C. | I c, | II d | III b | IV a |
| D. | I c, | II b | III a | IV d |

12. Match the following

- |      |                                                |                     |
|------|------------------------------------------------|---------------------|
| I.   | Rorschach inkblot test                         | a Rosenweig         |
| II.  | Thematic Apperception test                     | b Morgan & Murray   |
| III. | Minnesota Multiphasic<br>Personality inventory | c Hermann Rorschach |

- |     |                          |                      |
|-----|--------------------------|----------------------|
| IV. | Picture Frustration Test | d Hathway & Mckinley |
|-----|--------------------------|----------------------|

- |    |      |       |        |      |
|----|------|-------|--------|------|
| A. | I c, | II b, | III d, | IV a |
| B. | I b, | II c, | III a, | IV d |
| C. | I d, | II b, | III c, | IV a |
| D. | I c, | II d  | III a, | IV b |

13. The state of physical, emotional and psychological exhaustion is known as .....
- A. Distress
  - B. Eustress
  - C. Burnout
  - D. Stress
14. Neha a seventeen-year girl has been bingeing on large quantity of food more than what most people of her age would eat. She then engages in purging behavior as often as three or four times a week. She feels, as if she has no control over it. She is most likely to be suffering from .....
- A. Anorexia Nervosa
  - B. Bulimia Nervosa
  - C. Binge Eating
  - D. Eating Disorders
- 15 Anupam lacks patience, exhibits high motivation feels burdened with work and always seems to be in a hurry he needs to take care of himself as such people are prone to ailments like .....
- A. Cancer
  - B. Depression
  - C. Coronary Heart Disease
  - D. None of these
16. He is known for his research on intelligence
- A. Lewis Madison Tyerman
  - B. Leona Tayler
  - C. John Dewey
  - D. Hermann Ebbinghaus

17. Which one of theories of intelligence advocates the presence of general intelligence “g” and specific intelligence “s”?
- A. Triarchic theory
  - B. Guilford theory of intellect
  - C. Spearman’s two factor theory
  - D. Vernon’s high hierarchical theory
18. Who is the father of multiple theory of intelligence
- A. Gardner
  - B. Vygotsky
  - C. Bruner
  - D. Piaget
19. The \_\_\_\_\_ complex is related to boys as the \_\_\_\_\_ complex is related to girls.
- A. Electra, Oedipus
  - B. Oedipus, Electra
  - C. Oral, Phallic
  - D. Phallic, Oral
20. Projective tests claims to reveal information about
- A. Career aptitude
  - B. Intelligence attainment
  - C. Unconscious process
  - D. Parenting style
21. Which of the following theories places the greatest emphasis on the effects of early childhood experiences on personality
- A. Psychodynamic
  - B. Humanistic
  - C. Trait
  - D. Behavioural

22. According to Sigmund Freud a child who grabs food from another child because of hunger is driven by
- A. The id
  - B. The ego
  - C. Environmental reinforcers
  - D. The super ego
23. A child's intelligence quotient is less than 70. The child is \_\_\_\_\_
- A. Disabled child
  - B. Juvenile child
  - C. Gifted child
  - D. None of the above
24. Critics have argued that projective techniques are too
- A. Brief
  - B. Concrete
  - C. Objective
  - D. Subjective

## SECTION II

(5×2)= 10 marks

### ATTEMPT ANY FIVE

1. Define intelligence?
2. What is the difference between a verbal and nonverbal test of intelligence
3. Name the stages of development what do you mean by self-report measures of personality according to psychodynamic approach?

4. What do you mean by self- report measures of personality. Give name of any two of the self - report measures.
5. Define stress?
6. Describe the psychological causes of stress?
7. What do you mean by abnormality?
8. Describe the obsessive- compulsive disorders?

### SECTION III

(4×5) = 20

#### ATTEMPT ANY FOUR

1. Describe the normal probability curve of intelligence with diagram?
2. Describe the theory of multiple intelligence?
3. Describe the structure of personality given by Sigmund Freud.
4. Explain the projective techniques of personality assessment?
5. Explain the effects of stress on health in brief?
6. Discuss the factors that lead to positive health and well being?
7. Describe the characteristics of children with hyperactivity?
8. Describe the cause of abnormality?