

PSYCHOLOGY (+1)

psychology is introduced as an elective subject at the higher secondary the of school education. As a discipline. Psychology specializes in the study of experiences, behaviors and mental processes of human beings within a socio - cultural and socio - historical context. This course purports to introduce learners to the basic ideas, principles and methods in psychology so as to enable them to understand themselves and their social world better. The emphasis is put on creating interest and exposure needed by learners develop their own knowledge base and understanding.

The course deals with psychological knowledge and practices which are contextually rooted. It emphasizes the complexity of behavioral processes and discourages simplistic cause - effect thinking. This is pursued by encouraging critical reasoning, allowing students to appreciate the role of cultural factors in behavior, and illustrating how biology and experience shape behavior. The course while developing an appreciation of subjectivity, also focuses on multiplicity of worldviews.

It is suggested that the teaching - learning processes should involve students in evolving their own understanding. Therefore, Teaching of Psychology should be based on the use of case studies, narratives, experiential exercises, analysis of common everyday experiences, etc.

The present effort at reforming and updating the syllabus is based on the feedback received from the teachers and students as well as some new educational and curricular concerns such as, the curriculum load, interdisciplinary approach, issues related to gender parity, concerns of special marginalized groups . peace and environmental concerns, and inculcating citizenship values.

Objectives

1. To develop appreciation about human behavior and human mind in the context of learners' immediate society and environment.
- 2 . To develop in learners an appreciation of multidisciplinary nature of psychological knowledge and its application in various aspects of life.
3. To enable learners to become perceptive, socially aware and self reflective.
4. To facilitate students' quest for personal growth and effectiveness, and to enable them to become responsive and responsible citizens.

Courses of Study

UNITS

Foundations of Psychology

- i. What is psychology ?
- ii. Methods of Enquiry in Psychology
- iii. Human Development
- iv. Sensory . Attentional and Perceptual Processes
- v. Learning
- vi. Human Memory
- vii. Thinking
- viii. Motivation and Emotion

Practicals (Projects , experiments , small studies)

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The students shall be required to undertake one project and conduct three practical . The project would involve the use of different methods of enquiry and related skills . Practical would involve undertaking experiments and conducting small studies , exercises , related to the topics covered in the course (Human Thinking) development , Learning . Memory . Motivation . Perception . Attention

- I. Reporting file including Project work ;
- II. Viva Cove :
- III. Two experiments :